

**Parents Are Important in Rochester**

**Rochester Public Schools Early Childhood Family Services**

201 8th St NW  
Rochester, MN 55901

507-328-4020  
rochesterce.org/pair

Early Childhood Family Services programs include:

PAiIR/ECFE  
328-4020

Early Childhood Screening  
328-4004

Rochester Family Literacy  
328-4440

Community Education Preschool Activities  
328-4000

School Readiness  
287-2020

Getting ready for Kindergarten doesn't only mean being able to count to ten and say the alphabet.

"Ready" means ready to learn. All children develop at different rates and have a diverse background of experiences. Here are some readiness guidelines as you prepare your child for kindergarten.

- Dresses self – snaps, buttons, zips, puts on shoes.
- Able to separate from parent.
- Attends to a task independently - uses bathroom and washes hands.
- Clean up skills – puts toys away when finished playing.
- Performs daily routines – takes dishes to sink when finished.
- Takes turns.
- Uses words to resolve conflict - asks for a toy instead of grabbing it.
- Works or plays cooperatively.
- Able to listen and participate in group activities.
- Follows simple rules.
- Is persistent and asks for help when needed.
- Understands spatial awareness- uses words such as up, down, under, over, in, out.
- Knows name, age and birthday when asked.
- Recognizes and writes his/her name.
- Knows colors and shapes.
- Can identify numbers 1 to 10 and letters of the alphabet.
- Sorts objects into groups by color, shape, etc.
- Understands patterns– green, blue, green, blue...
- Able to count to 20.
- Follows two and three step directions.
- Listens to a story.
- Gains meaning by listening - can answer a question about story when finished reading.
- Uses scribbles, shapes, letters, pictures or words to represent a thought or idea.
- Understands that print has a meaning – knows a stop sign means stop.
- Speaks clearly.
- Makes needs known through language - asks for water when thirsty.
- Uses expanded vocabulary - tries out new words that are heard.
- Shows appreciation for books and reading
- Understands books, print - looks at books from front to back, print from left to right.
- Is aware of rhyming words - sings nursery rhymes.
- Able to perform simple fine motor skills – pour water into glass, string beads, etc.
- Combines movement to accomplish physical tasks - runs, jumps, throws, kicks.

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